

# Palm Bay Lunch October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Pizza Pineapple Romaine Salad English Peas Choice of Milk	3 Chicken Sandwich Sliced Pears Carrot Stick French Fries Choice of Milk	4 Cheesy Mac Ham Apple sauce Roll Tossed Salad Choice of Milk	5 Chicken Tenders Mandarin Orange Mashed Potato w/ Gravy Steamed Broccoli Choice of Milk	6 Flauta Mixed Fruit Refried Beans Lettuce, Tomato, Cheese Choice of Milk	7
8	9 Cheesy Breadstick Marinara Sauce Pineapple Romaine Salad Green Beans Choice of Milk	10 Corn Dog Sliced Pears Carrot Stick French Fries Choice of Milk	11 Beefy Mac Apple sauce Roll Tossed Salad Choice of Milk	12 Chicken Nuggets Mandarin Oranges Mashed Potato w/ Gravy Steamed Broccoli Choice of Milk	13 Take Along Taco Mixed Fruit Refried Beans Lettuce, Tomato, Cheese Choice of Milk	14
15	16 Calzone Marinara Sauce Pineapple Romaine Salad Green Beans Choice of Milk	17 Chicken Sandwich Sliced Pears Carrot Stick French Fries Choice of Milk	18 Spaghetti w/ Meat Sauce Applesauce Roll Tossed Salad Choice of Milk	19 Chicken Tenders Mandarin Orange Mashed Potato w/ Gravy Steamed Broccoli Choice of Milk	20 Beef and Bean Burrito Mixed Fruit Refried Beans Lettuce, Tomato, Cheese Choice of Milk	21
22	23 Pizza Pineapple Romaine Salad Green Beans Choice of Milk	24 Hamburger on Bun Sliced Pears Carrot Stick French Fries Choice of Milk	25 Beef Stroganoff over Rice Applesauce Roll Tossed Salad Choice of Milk	26 BBQ Chicken Mandarin Orange Potato Salad Steamed Broccoli Choice of Milk	27 Chicken Fajita Mixed Fruit Refried Beans Lettuce, Tomato, Cheese Choice of Milk	29
29	30 Cheesy Breadstick Marinara Sauce Pineapple Romaine Salad Green Beans Choice of Milk	31 Corn Dog Sliced Pears Carrot Stick French Fries Choice of Milk				