

We will offer Grab & Go Meals daily

PB&J, Yogurt Plate or Chef Salads

Due to the supply chain we may have substitutions

BBQ Sandwich

Baked Beans

Carrots,

Mixed Fruit

Choice of Milk

Cheeseburger on WG Bun

Lettuce & Tomato

French Fries

Peaches

Choice of Milk

Popcorn Chicken Cornbread, Sliced Apples

Black Eye Peas

Mashed Potato & Gravy

Choice of Milk

Chicken Alfredo

WG Roll, Romaine Salad,

Broccoli,

Assorted Fruit

Choice of Milk

Chicken Fajita

Lettuce Tomato & Cheese

Refried Beans, Salsa

Orange

Choice of Milk

Hot Dog

Carrots, Tossed Salad

Macaroni & Cheese

Mixed Fruit

Choice of Milk

Pizza

French Fries

Carrots

Pears

Choice of Milk

Chicken

Baked Beans,

Tossed Salad

Sliced Apples

Choice of Milk

Turkey Noodles

Greens

Roll, Romaine Salad

Assorted Fruit

Choice of Milk

Take along Taco

Corn,

Lettuce Tomato & Cheese

Orange

Choice of Milk

Soup & Sandwich

Corn,

Tossed Salad,

Orange

Choice of Milk

Chicken Tenders

Mashed Potato & Gravy

Roll, Lima Beans,

Sliced Apple

Choice of Milk

Italian Spaghetti

WG Roll, Romaine Salad,

Green Bean,

Assorted Fruit

Choice of Milk

Hamburger on WG Bun

Baked Beans,

Mandarin Orange

Lettuce & Tomato

Choice of Milk

Pizza

Sweet Potato Fries,

Carrots

Mixed Fruit

Choice of Milk

**JANUARY 2023**

Palm Bay Education Group

Holiday MLK

Taco, Corn

Lettuce Tomato & Cheese

Black Bean Salad

Orange

Choice of Milk