

## OCTOBER 2019

Palm Bay

	Monday	7	Tuesday	Wednesday	Thursday	Friday
			Chicken Fajita Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Beef Stroganoff Brown Rice WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	BBQ Chicken, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	Hamburger French Fries Lettuce & Tomato Carrot Sticks Pears Choice of Milk
3	Pizza Peaches Green Beans Romaine Salad Choice of Milk	7	Take along Taco Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Spaghetti w/Meat Sauce WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	Chicken Nuggets, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	Chicken Sandwich French Fries Lettuce & Tomato Carrot Sticks Pears Black Bean Salad Choice of Milk
	Columbus Day School Out	14	Chicken Fajita Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Beefy Mack WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	BBQ Chicken, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	Hamburger French Fries Lettuce & Tomato Carrot Sticks Pears Choice of Milk
	Pizza Peaches Green Beans Romaine Salad Choice of Milk	21	Take along Taco Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	PLC Day School Out for Students	Chicken Nuggets, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	Chicken Sandwich French Fries Lettuce & Tomato Carrot Sticks Pears Black Bean Salad Choice of Milk
	Pizza Peaches Green Beans Romaine Salad Choice of Milk	28	Chicken Fajita Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Spaghetti w/Meat Sauce WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	BBQ Chicken, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	
		P	<b>P</b>	Grab & Go Meals offered daily		