

OCTOBER 2019

Palm Bay

Monday	7	Tuesday	Wednesday	Thursday	7	Friday	
		Chicken Fajita Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Beef Stroganoff Brown Rice WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	BBQ Chicken, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	3	Hamburger French Fries Lettuce & Tomato Carrot Sticks Pears Choice of Milk	4
Pizza Peaches Green Beans Romaine Salad Choice of Milk	7	Take along Taco Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Spaghetti w/Meat Sauce WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	Chicken Nuggets, Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	10	Chicken Sandwich French Fries Lettuce & Tomato Carrot Sticks Pears Black Bean Salad Choice of Milk	
Columbus Day School Out	14	Chicken Fajita Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Beefy Mack WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	BBQ Chicken, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	17	Hamburger French Fries Lettuce & Tomato Carrot Sticks Pears Choice of Milk	8
Pizza Peaches Green Beans Romaine Salad Choice of Milk	21	Take along Taco Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	PLC Day School Out for Students	Chicken Nuggets, Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	24	Chicken Sandwich French Fries Lettuce & Tomato Carrot Sticks Pears Black Bean Salad Choice of Milk	2.5
Pizza Peaches Green Beans Romaine Salad Choice of Milk	28	Chicken Fajita Shredded Cheese Diced Tomato, Lettuce Orange, Refried Beans Choice of Milk	Spaghetti w/Meat Sauce WG Roll Apple Tossed Salad/ Celery Sticks Choice of Milk	BBQ Chicken, WG Roll Mandarin Orange Collard Greens Mashed Potatoes Choice of Milk	31	***	
	*	\$	Grab & Go Meals offered daily		Ca		